

THE ANGEL NETWORK

May 2024 Newsletter



Glynne Wolman

The Angel Network Founder

Dear Angels.....

As usual, it's been a busy few months at The Angel Network as we do what we can to give a hand up to those needing our help the most.

When life is so incredibly hard for so many in our country, when our rainbow nation could and should be shining bright, let's be the hope for renewed growth and sustainability so that everyone has the basic necessities they need to survive.

Our heartfelt gratitude to each and every person who has stepped up to volunteer of their time, made donations and given us hope to continue doing what we do.

As winter fast approaches, please spare a thought to those living in abject poverty without a warm blanket, a heater or even a hot water bottle. Stay warm and safe and thank you again for "being the change you want to see in the world"

Glynne Wolman

The Angel Network: NPO Number: 181-947; PBO Number: 930064016

"Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has"

Margaret Mead



Cardiac Surgeries; The chance to save a child's life

This year, after the successful collaboration with Ethekwini Hospital and The Children's Cardiac Foundation of Africa last year, and with grateful thanks to a further R1.5 million from our incredibly generous anonymous donor, The Angel Network was absolutely overjoyed to be able to fund 5 more life-saving surgeries.

Once again, The Cardiac Foundation of Africa, specialist paediatric cardiothoracic surgeons and Ethekwini Hospital staff, sprang into action and three more suitable candidates were selected, aged 2, 4 and 5 years respectively. All 3 children successfully underwent the delicate operation of ventricular septal defect (VSD) closure (hole in the heart). We are delighted to report that all 3 cardiac patients are doing well post-surgery and can now grow and develop without fear or fatigue.

Watch this space for another 2 operations which will be taking place in the next month or so. This is a phenomenal project which we are honoured and humbled to be a part of.



Gauteng

Winter warmth

As the weather starts turning and we all get cosy under our electric blankets, thick, warm duvets and with our sheepskin slippers and hot water bottles, please consider gifting a child with a winter warmer set and/or a homeless person with a cosy comfort pack.



BABY, IT'S COLD OUTSIDE!

Cosy Comfort Packs For R450

Contains a sleeping bag, a pillow, a blanket and a meal, all wrapped up in a sturdy carry bag.

Help the homeless stay warm and fed this winter and beyond.



SnapScan



As the weather starts turning cold, please think about the thousands of orphaned & vulnerable children without anything to keep them warm.

For just R300 gift a child with a winter warmer set consisting of a scoody (scarf & hat in one), a blanket & a pair of gloves.

DONATE NOW

EFT:
The Angel Network
FNB
6272 6312 391
Code 250655
REF Forever Terti



[HTTP://WWW.WALLETDOC.COM/PAY/ANGEL](http://www.walletdoc.com/pay/angel)
OR
VISIT WWW.THEANGELNETWORK.CO.ZA /DONATE TO USE ONE OF OUR OTHER PAYMENT OPTIONS
WWW.THEANGELNETWORK.CO.ZA

Kenneth

Before being retrenched, Kenneth had managed to save R24 000 to build a house on his stand. Sadly, he was held up at gunpoint and stabbed repeatedly. All his savings were stolen. He spent 6 weeks in hospital. Kenneth is battling to support his wife and three children. He does installations as well as servicing of gas braais, gas stoves, gas heaters and fireplaces. Should you wish to make use of Kenny's services, email Glynne@theangelnetwork.co.za. To make a donation please Ref: Kenny



Fundnation

Thanks to your incredible generosity towards our Fundnation telethon last year, we have been able to cover university fees for both a 4th and 6th year medical student for a year as well as a 2nd year BComm law student. We have also been able to cover school fees for 9 pupils and paid for their stationery and uniform requirements for a year. This is truly Ubuntu at its finest where giving a hand up can make all the difference.



Comedy fundraiser

We know that July might seem far away right now, but we also know that it will be here in no time at all! SO, we urge you to book for Nik Rabinowitz's latest show before it's too late.

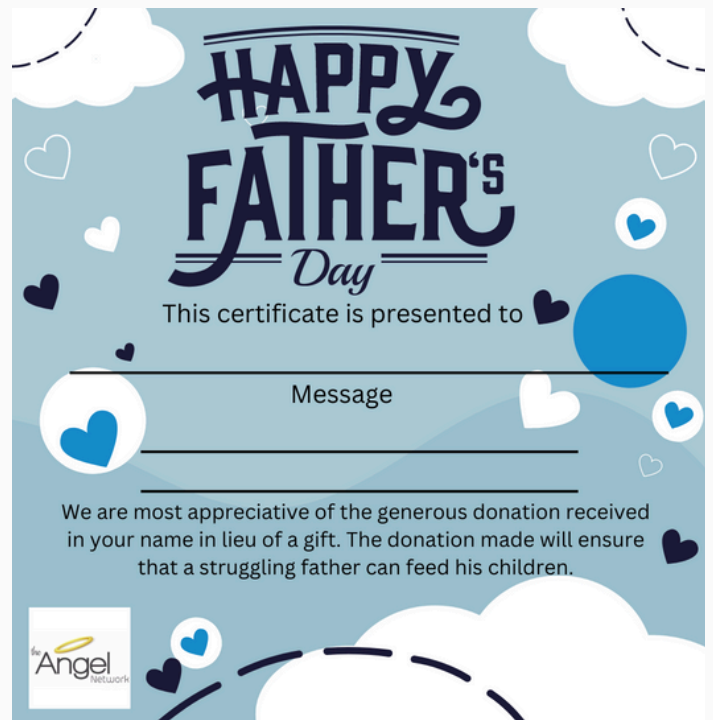


NIK RABINOWITZ
PENSION KILLER

WEDNESDAY 31 JULY | SATURDAY 3 AUGUST

GLYNNE 083 777 1621 THEATRE ON THE SQUARE
HAYLEY 082 829 1626 R275





Gift Certificates

Mother's Day is just around the corner and for those lucky enough to have your mom in your life, it's a special day to acknowledge all that she means to you. For millions of moms in our country, it's just another day of battling to put food on the table. SO ... this year, why not gift your mom with a beautiful gift certificate that, in lieu of a gift, will enable a struggling mom to feed her family for a day, a week or a month. Its showing that you care and helping someone in need to feel acknowledged and remembered. Isn't that what Mother's Day is for?

Also....Don't forget about Father's day coming up in June too!



Dignity

Dignity, a recycler, was recently knocked over and unable to walk for three months. Thanks to your incredible donations, we were able to buy all medication required, cover his rent for three months and set up a little spaza shop where he is able to make a living. Giving a hand up and restoring dignity.



17 000 Easter Eggs

Never before have we received such incredible donations. There are going to be smiles on so many little faces because you cared. We really felt the love. Special thanks must go to Johannesburg Mini and Junior Council, Greenside Primary School, Itoo and Crawford International pre-primary school Benmore.



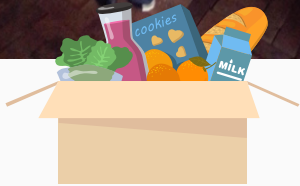
Siphiso

Born with a cyst on his forehead, Siphiso became severely disfigured as the cyst spread across his entire eye. After being retrenched, Siphiso has had to resort to begging. Our heartfelt thanks go out to Drs Bloch and Partners at Sandton Radiology who did an MRI, Ultrasound and CT scan and treated Siphiso with the utmost dignity. Luckily the cyst is benign, his orbital sphere is clear and there have been no mutations. The best news is that Siphiso has a surgery date in May to remove the cyst, enabling him to have full use of his eye again. It really takes a village and our heartfelt thanks to everyone who donated and especially to Brenda Stern for taking Siphiso under her wing and arranging everything.



Cowden

We were approached to assist an 84-year-old grandfather of three, battling high blood pressure, diabetes, prostate and bone cancer. He struggles to walk. Cowden's daughter passed away and he is the sole provider of her three children. They have recently moved into an RDP house with minimal, damaged furniture. The three of them share a used mattress. Cowden's state pension hardly covers the rising cost of living. Through your incredible kindness and generosity, we have been able to provide this family with bunk beds, mattresses, linen and a fridge/freezer. We will also be sending them groceries monthly. Should you wish to make a donation, please use Ref: Cowden



Kitchenique

Street children were made to feel special and seen, thanks to a very kind and generous donation of gingerbread kits from Kitchenique. The children delighted in both decorating and eating their gingerbread.





Morningside collaboration

The Morningside community has once again joined hands in a heartwarming initiative to support those in need through the donation of secondhand items. Driven by purpose and passion, this inspiring endeavour was made possible by the collaboration between The Angel Network, Marketa Market, Redlime Consulting and The Morningside Shopping Centre. Nearly 2 000 items of clothing, books and toys have already been collected which will make a profound difference to communities in need. We extend our heartfelt gratitude to the Morningside community for their overwhelming support and kindness. For more details on this remarkable achievement, click on the link below <https://www.morningsideshops.co.za/angel-network/>

Bolelwa

Once again our members rallied when we woke to the devastating news that one of the cooks at Sammy D's soup kitchen had been murdered, beaten to a pulp by her boyfriend. A bright light, whose family were struggling financially, had dedicated her time to feeding starving children. We were able to cover funeral costs but sadly this bereft family are left with no breadwinner. Donations can be made to

The Angel Network
FNB
6272 6312 391
Ref: Bolelwa
Or
[www..walletdoc.com/pay/angel](http://www.walletdoc.com/pay/angel)
Ref: Bolelwa



“But what
can I do?
I am just one
person”
..said 7 billion
people

The Sound of Music

The Sound of Music held at the Teatro at Montecasino in February was a resounding success and we were able to sell more than 500 tickets. As a result, we are able to keep a soup kitchen open for 13 months which will supply 40 000 meals.



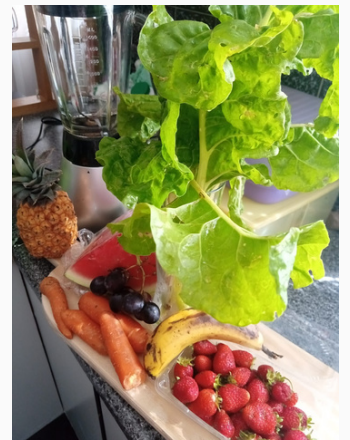
Western Cape



SEED 2 HARVEST - COMBATING HOUSEHOLD HUNGER, ONE HOUSEHOLD GARDEN AT A TIME

Aiming to end food instability, The Angel Network Western Cape have partnered with Joanie Fredericks of Mitchells Plain SE CAN and Shaun Cairns of Seed 2 Harvest, to combat household hunger through a sustainable initiative.

Cycle 1 launched in January 2024, providing 40 Tafelsig households with starter kits and training. This initiative not only teaches residents to grow vegetables, but how to create an income stream from this, for self-sufficiency and dignity restoration.



Towards the end of February, we visited Tafelsig and met with some of these dedicated residents, witnessing their enthusiasm and hearing their success stories, the exchanging of recipes, and saw their flourishing gardens. We are thrilled and excited by what has been achieved in such a short time!

Join us in our journey of empowering households, by supporting Cycles 2 - 4 to combat household hunger, and create opportunities for earning. In the next cycles, they will learn how to monetise from what they are growing and the compost they are making. Let's shift from handouts to hand-ups, and cultivate a future culture of sustainability.

#ConnectingKindness one garden at a time.

Received with gratitude

The continued generous and kind donations received (Books, Furniture, Household Crockery, Clothing, and Appliances, including fridges, ovens, stoves, and washing machines), have not only brought joy, but also served as vital resources for many of our beneficiaries in need.

We are deeply thankful that The Angel Network has become your charity of choice, enabling us to continue our mission of alleviating poverty and social injustices. Your generosity has touched countless lives, and we are profoundly grateful for the lasting change it brings about. #connectingKindness



Mother's Day

As Mother's Day approaches it is important to honour our mother figures in our lives, acknowledging all that they selflessly do for us. Are you looking for the perfect gift? Something that could change lives and be eco-friendly too?

In her honour, and in lieu of a gift, why not consider gifting a mother in need with reusable nappies. R100 can buy 4 reusable nappies which have a long lifespan and are kind to the environment. In so doing you are giving the gift of Dignity to a mother who cannot provide for her baby. These reusable nappies will form part of a starter pack for new moms and will include a new baby bag, second-hand piece of clothing, a new blanket and a new bib. Please send your email address and we will send you a special Mother's Day card acknowledging the donation. Please email maz@theangelnetwork.co.za



Making Easter EGGstra special

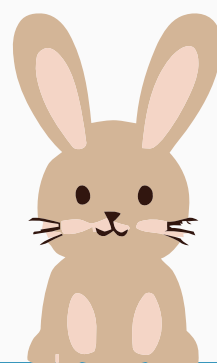
Easter is a time of hope, and we are overwhelmed by the outpouring of generosity we received in response to our Easter Egg appeal!

The joy on the faces of the children who received Easter eggs, reminds us of the power of kindness and giving.

We extend our heartfelt gratitude to all those of YOU who contributed, making it possible for us to spoil around 5000 children across the Western Cape.

Your support has brought smiles and happiness to so many young hearts.

Thank you for your generosity, and for helping us spread some joy this Easter season, making it a little more EGGstra special.





Salt River High School

This school year kicked off with the launch of an exciting new extracurricular Eco Club, with 20 enthusiastic Grade 8 students joining in. They've been busy learning and exploring eco-friendly activities.

During the month of March, a team of architecture students from Germany, in collaboration with the Micro Food Garden Innovations NGO (Growing Systems) who partner with Gugulethu Urban Food Forest Initiative (GUFFI), guided the students in the construction of a vertical garden on the school premises.

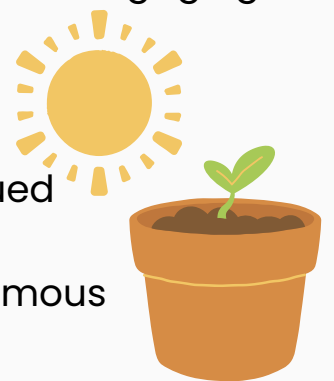
Each student crafted their own hanging plant, which they then placed on the vertical structure. They have each been tasked with taking on the responsibility of nurturing and caring for their respective plants.



They also visited Cape Town City Council, where they participated in engaging debates, and enjoyed park activities, deepening their understanding of sustainability.

A huge thank you to The Angel Network Australia for their continued support, and to Gugulethu Urban Food Forest Initiative for their incredible commitment and investment in making such an enormous difference to the learners of SaltRiver High School!

Watch this space for more exciting updates!



“How wonderful it is that nobody need wait a single moment before starting to improve the world”

–Anne Frank–



Mamma Mia with Mama Flo

We are incredibly grateful for the overwhelming support received for our Mamma Mia Fundraiser, held on 04 April 24 in collaboration with Mama Flo. Special thanks to David van Deventer and Artscape Opera House for donating their bar space, and to the dedicated staff who went above and beyond. Thanks also to Safra Levin Photography - FunkiPics for giving of her time to capture the magic of the evening, to Mike Coppin from Food Lovers Market for the delicious donated food platters, and to Jose Petim and his staff for making them, as well as to Abigail Bisogno for the donation of the beautiful Tavola serviettes.



To everyone who attended and donated sanitary pads, your kindness is deeply appreciated, we received over 100 packs, Thank You!

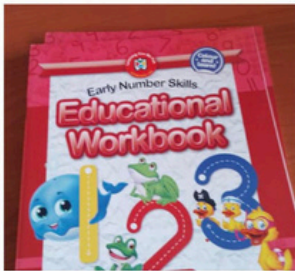
Together, we are making strides towards ending period poverty, and we are thankful to Isabella Bisogno, Laurie Shone, and Melissa Zackon from Mama Flo, for their relentless dedication towards this cause.

With the funds raised, we aim to fill 500 toiletry bags, which will be distributed to girls in need. We are still collecting donations to purchase reusable SafePads to be included in the toiletry bags, one pack lasts a woman five years. You can donate here: pos.snapscan.io/qr/SGP69a3N Reference: YourNameMamaFlo





KwaZulu-Natal

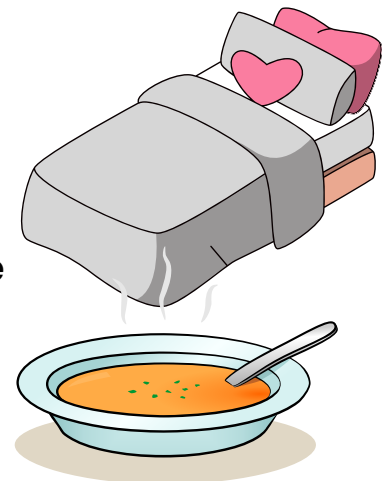


School stationery: The optimism of a new year

One of our favourite causes is to annually support the underprivileged with a set of new stationery packs at the start of the school year. We all remember that excitement of our younger years at the start of a fresh school year. 2024 saw our sponsors donate so generously which enabled The Angel Network Durban to hand out over 200 backpacks filled with stationery and treats to various beneficiaries around KwaZulu-Natal. Among those included on our list were the Grade R's at Thandimfundo School in KwaMashu; a local Durban refugee community and Mission Thando, operating in Quarry Heights. As one of our beneficiary states "Not all children are provided with an equal chance for an education. Our objective is to fight against poverty. We are investing in education" Sage words indeed and we look forward to continuing this initiative every year.

Valentine's appeal: Giving with love

This year we decided to direct our Valentine's Day appeal funds to the Durban City Shelter in order to provide the marginalised with a bed for the night and in doing so, easing the pressures they face daily. With the funds raised, we were able to provide a bed night as well as a hot meal to 70 residents of this shelter. We were so deeply touched to receive a thank you video from 2 residents which made us acutely aware of how difficult life is for so many. Thank you to those donors who understand this and reach out and donate towards these causes. We appreciate you all.



Easter Eggs: The joy of chocolate

Wow, what a bumper year for Easter eggs! Thank you to everyone for your selfless generosity in collectively donating over 4 000 Easter eggs! It gives us great joy to see the beautiful smiles on the children's faces when receiving these treats, especially when they were not expecting anything at all. Due to our large collection, we were able to hand eggs out to 10 grateful beneficiaries. Thank you for your support.



Edu-Paw : Animal care = self-care

Edu-Paw runs a Canine Care Programme through the Amanzimtoti SPCA focusing on all aspects relating to animal welfare among disadvantaged communities. These programmes teach children to learn compassion and how to care for their pets with the aim of building strong bonds between pets and owners thereby preventing animal abuse and neglect. The Angel Network Durban supports this initiative on a regular basis by sponsoring juice and sandwiches for the children who walk a far distance from the townships with their dogs on a Saturday morning. Our sponsorship of food and drinks assists in keeping them energised, hydrated and motivated. Animals have a wonderful ability to bring joy through their unconditional love



Aquina Cares: A happy place for children to play

Over the years we have gladly supported Aquina Cares ECD. The Principal, Mrs Zola Kiala, dedicates her energy to uplifting the Centre to ensure a safe haven for young children of the Mount Moriah community. Our donation of supplies enabled the Centre to cement a portion of the play area, allowing the children to now play safely without hurting their little feet and knees.



Water, a fundamental right

As reported in the media, the area of Verulam has been subjected to a severe and prolonged water crisis leaving vulnerable residents extremely disillusioned at the seemingly hopeless situation. We were approached by a community member who highlighted the community's dire plight in this regard. The Angel Network Durban gladly sent out an appeal and supplied 2 500 litres of this precious resource to those in need, thereby alleviating some of the stress they had been dealing with. Thank you to those who donated!



Comrades Build: From a shack to a home

Remember the house we were building from the donations received from our Comrades runner? This beautiful 3-bedroom home is now complete and the family of 8, who were living in a cramped shack, is over-the-moon and extremely grateful!



Internet Café: Providing a crucial IT service

In line with our mission, to give a hand-up as opposed to a handout, we jumped at the opportunity to assist one of our beneficiaries, Dumi from Mission Thando, who identified the need for an internet café in his community in Inanda. With our appeal and donation of both a laptop and printer, this little café is slowly taking shape. Community members now have convenient and local access to a printing and CV compilation service, a service which previously incurred great transport costs. Dumi is currently planning a computer literacy skills day with an NPO, LoveMark, who runs upskilling programmes. We can't wait to see how access to the internet, a photocopier and printing service will empower community members.



Mother's Day

Why not feed a family in need this Mother's Day? We've made thinking of what gift to give, so much easier. We will email you a gift certificate for you to send on to your mom/mom-in-law and in return, a family, in desperate need, will receive food for a month...Or tell your family this is the gift you want! Vouchers are valued at R250 each. Please email rachel@theangelnetwork.co.za for more information or if you would like a voucher for your loved one.

